

# Fort Hood Retirement Services Newsletter

# September 2004

By Fort Hood Retirement Services

ublished by the Retirement Services Office, Military Personnel Division, Fort Hood, Texas, as a service to Army retirees and their dependents or survivors within the jurisdiction of this installation.

Articles appearing in this publication do not necessarily reflect the position or opinion of the Commander of Fort Hood or the Department of the Army. Inquiries or comments should be directed to the Editor, Mrs. Beth Waller, Retirement Services Officer, Building 18010, Fort Hood, Texas 76544-5056. Telephone AC (254) 287-5210 or DSN 737-5210 or 1-800-403-6640.

# RETIREMENT SERVICES OFFICE LOCATION

The Retirement Services Office is located in Building 18010, Room B118, on Hood Road and Battalion Avenue. Retirement Services Office provides information, advice, and assistance on matters pertaining to retired personnel. You are encouraged to write, call, or visit the Retirement Services Office whenever the need arises. The hours of operation are: 0800-1130 and 1230-1600, Monday through Thursday, Friday 0830 - 1530. Telephone (254) 287-5210 or (254) 287-3368 or 1-800-403-6640.

# **Update Your Address**

RETIREES CHANGES in address/status: All retirees are responsible for updating their pay file at DFAS-CL within one year of the event if they marry, remarry, are widowed or divorced and need to make or update an SBP election. Additionally changes of addresses should be submitted, as they occur to ensure receipt of retiree pay, newsletters, 1099R forms, and retiree account statements. If communicating by fax, include your SSN and sign your request. Communication should be made to:

# If in receipt or entitled to retired PAY:

Defense Finance and Accounting Service
Cleveland Center
PO Box 7130
London, KY 40742-7130

If in receipt or entitled to SBP:

DFAS-US Military Annuitant Pay P.O Box 7131 London, KY 40742-7131 Telephone#: 1-216-522-5955 Telephone #: 1-800-321-1080

Fax#: 1-800-469-6559 (Retired Pay) Fax#: 1-800-982-8459 (Annuitant Pay)

# 30<sup>th</sup> Annual Retiree Appreciation Day Agenda

# 29 OCTOBER 2004

080	0 – 1600	LEGAL ASSISTANCE	BLDG 1001 2D FLOOR
090	0 - ? ?	RETIREE GOLF TOURNAMENT	COURSES OF CLEAR CREEK
150	0 – 1600	RETREAT CEREMONY	VAN FLEET HALL (FLAGPOLE)
		30 OCTOBER 2004	
070	00 – 0845	OLE TIMERS BREAKFAST "DUTCH TREAT"	FORT HOOD OFFICER'S CLUB (FHOC)BLDG 5764
090	00 – 0915	NATIONAL ANTHEM & INVOCATION	FHOC, MAIN BALLROOM
091	15 – 0945	WELCOME ADDRESS	CG / REPRESENTATIVE
094	15 – 0950	PRESENTATION OF SERVICE PROVIDERS	MR. GREEN INSTALLATON AG
095	50 – 0955	PRESENTATION OF RETIREE COUNCIL	LTG (RET) TAYLOR CHAIRMAN, RETIREE COUNCIL
095	55 – 1000	INTRODUCTION OF GUEST SPEAKER	LTG (RET) TAYLOR
100	00 – 1045	RICHARD D. MURRAY, MG, USAF (RET) President, National Association for Uniformed Services	GUEST SPEAKER
104	<b>15 – 1100</b>	ADMIN ANNOUNCEMENTS/DOOR PRIZES	LTG (RET) TAYLOR
110	00 – 1400	COUNTY FAIR ACTIVITIES	FHOC
110	00 – 1500	HEALTH FAIR, DACH	DACH, BLDG 36000
110	00 – 1600	ID CARD ISSUE & DEERS TRANSACTIONS	BLDG 18010
110	00 – 1600	COMBAT RELATED SPECIAL COMPENSATION (CRSC) APPLICATION ASSISTANCE	BLDG 18010
110	00 – 1600	LEGAL ASSISTANCE (WILLS, POA, ETC)	BLDG 1001 2D FLOOR
113	30 - 1300	LUNCH	THEODORE ROOSEVELT DFAC BLDG 9205
120	00 – 1600	MUSEUMS (1 <sup>ST</sup> CAV & 4 <sup>TH</sup> INF DIV)	1CD & 4ID
140	00- 1500	1 CAV HORSE DETACHMENT BARN TOUR	1CD HORSE STABLES
173	30 - ??	RETIREE ROUND UP DINNER SPONSORED BY THE GREATER KILLEEN CHAMBER OF COMMERCE	OFFICER'S CLUB BLDG 5764 MAIN BALLROOM

# Notes From The Installation Adjutant General

I would like to take this opportunity to first thank you many veterans, spouses and family members for your attendance at this years Annual Retiree Appreciation Day celebration. Your many contributions, sacrifices, heroism and dedication to our Armed Services are without a doubt the reasons for America's freedom. Fort Hood has again opened its doors to you great Americans and we sincerely hope you enjoy your visit to the "Great Place." If you have any suggestions to improve this event, please do not hesitate to inform myself or my staff. Ms. Beth Waller has worked many hours to ensure your needs and services are met to the highest standards. Our intent is to improve this event each year and your input does make a difference. Again, it is our honor and pleasure to welcome you back to the Central Texas area.

Sincerely, Charles E. Green, Sr., Installation Adjutant General

# Retiree Appreciation Day Event Information

Retired Military Golf Tournament

Round Up Dinner agenda:

The Twenty-Third Annual Retired Military Golf Tournament will be held 29 October 2004, 0900 at The Courses of Clear Creek. It is limited to the first 144 entries. Only retired military personnel are eligible to play in this event. The tournament will be individual by flight, shotgun start. The entry fee is \$28.00 per person, including green fees, cart fees, and \$5.00 towards purchase of prizes. This is a great chance to see some old friends! If interested complete the attached entry form and send it to Business Operations Division, The Courses of Clear Creek, P.O. Box K, Fort Hood, Texas 76544.

For additional information call (254) 287-4130/6921.

Fort Hood Retiree Appreciation Round-Up Dinner

In conjunction with the Fort Hood Retiree Appreciation Day, the Annual Greater Killeen Chamber of Commerce Retiree Round-Up Dinner will be held at 5:30 pm, October 30, 2004 at the Officers' Club, Fort Hood, Texas.

The dinner ticket cost is \$15.00 per person and must be paid in advance. Quoted price includes gratuity. This year's dinner will be a plate dinner. Dress is casual. Persons desiring to attend must fill out the attached application and mail it with a check or money order made out to Greater Killeen Chamber of Commerce to arrive no later than **18 October 2004**. Tickets will **not** be mailed to you, but will be available for pick-up as shown on the return form letter.

Your early response will allow us to better plan for the number of persons desiring to attend. Tickets are available first come, first serve, so please mail your application and check or money order today (*no cash please*). No refund can be made after 18 October 2004.

# For more information you may contact the Chamber at 254-526-9551.

Location: The Officer's Club: Bldg. 5764,

Round op billior agonaa.		Fort Hood Tayon
		Fort Hood, Texas.
Social hour	1730-1800	Round Up menu:
Dinner	1800	Chicken fried steak (Beef Cutlet breaded
Entertainment	1900	and fried, topped with a white sauce),
Door prize drawing	1845 - ?	mashed potatoes, buttered corn, house salad, rolls, strawberry shortcake, iced tea,
		coffee, and water.

# **Hotel Accommodations For Retiree Appreciation Day**

Government lodging availability at Fort Hood is limited and subject to change. Retiree Appreciation Day guests requiring overnight lodging will need to personally arrange for hotel or motel accommodations in the civilian communities near Fort Hood. The below list of motels, hotels, mailing addresses, and telephone numbers are provided for your convenience. This list was compiled from information in local telephone directories and from lists prepared by the Killeen and Copperas Cove Chamber of Commerce. This list does not reflect official endorsements by the United States Army.

# Copperas Cove (9 miles from Fort Hood)

Cactus Inn and Suites	1211 E. Hwy 190	547-4271
Howard	302 W. Hwy 190	547-2345
Johnson Express Inn		
Relax Inn	1714 W. Hwy 190	542-6615



### Killeen (adjacent to Fort Hood)

Best Western of Killeen	2709 E. Bus. Hwy 190	526-6651
Comfort Inn	2506 Trimmer	554-3615
Hallmark Inn	4500 E.C. Tex	634-1313
and Suites	EXPWY	
Executive Inn	1601 E.C .Tex	634-4081
	EXPWY	
Howard	803 E. C. TX EXPWY	526-4343
Johnson		
Killeen Inn	1100 S. Ft Hood Rd	634-3101
Holiday	1708 Bus Hwy 190	690-4141
Terrace		
LaQuinta	1112 Ft Hood Rd	526-8331
Hampton Inn	2702 O W Curry Dr.	554-7110
Guest House	404 S. Fort Hood St.	554-6633
International		
Plaza	1721 C. TX EXPWY	634-1555
Days Inn	801 E. C. TX EXPWY	634-6644
Holiday Inn	1602 E.C. TX	554-2727
•	EXPWY	
Rodeway Inn	517 W. Vet Memorial	634-1001
	Blvd	

You should ask about special rates for the Retiree Appreciation Day when making reservations or during registration. *Note*: Area code for telephone numbers is 254.

### **ID Cards**

### Locations

The Fort Hood ID Card Section is located in Building 18010, Room B115, on the corner of Ft Hood Road and Battalion Avenue. Hours of operation are listed below: These hours are subject to change, so if you are coming from out of town we recommend you call us at (254) 287-5670 or (254) 287-2518. Monday through Thursday: we are open from 0730 to 1600. On Friday: 0930 to 1530.

Now you can update your address information through the Internet at the following website: www.TRICARE.osd.mil/DEERSAddress.

The Customer Service Unit, 301st Fighter Wing (Reserve), Naval Air Station, Fort Worth, is currently issuing ID Cards and vehicle decals for military retirees and their family members. They are located in Building 1303 (located at the main gate). Hours are 0900 to 1500, Monday through Saturday. We suggest you call the 301st Customer Service Unit at the Naval Air Station before going there. Their telephone number is (817) 782-5244.

The Customer Service Unit, Texas Air National Guard, Fort Worth is currently issuing ID Cards for military retirees and their family members. Hours are 1300 to 1600, Tuesday through Friday. We suggest you call the Texas Air National Guard before going there for additional information. Their telephone number is (817) 852-3238 or (817) 852-3239.

# ID Cards (continued)

# ID Card Locations (Continued)

The Customer Service Unit, Seagoville Army Reserve Center is currently issuing ID Cards for military retirees and their family members. They are located at 701 West Simonds Road. Hours are 0800 to 1100 and 1200 to 1500 closed 1100-1200 for lunch, Monday through Friday. We suggest you call the Seagoville Army Reserve Center before going there for additional information. Their telephone number is (972) 287-8692.

For personnel (active duty, dependents, and retirees) living in the Austin, Round Rock, Georgetown area - You can now obtain your ID Cards/DEERS enrollment at Building 34, Room 103, 4 Buildings south of the PX, same building with the United Heritage Credit Union at Camp Mabry, Austin. The regular hours of operation are Monday–Friday 0800-1700, closed for lunch from 1130-1200. Please call prior to going at (512) 782-6841

The Naval and Marine Reserve Center at 2100 North New Road, Waco, Texas, is currently issuing ID Cards for military retirees and their family members. Hours of operation are Tuesday and Thursday 0800 to 1100 and 1300 to 1700. Their telephone number is (254) 776-1841.

# ID Card & DEERS Document Requirements

All retirees and family members who are in need of a new ID Card because of mutilation, expiration, or loss need to bring the following documents. These documents allow us to verify status in case the ID card computer system shuts down:

- a. Retiree: Retirement orders or DD Form 214
- b. Family members:
- (1) Retirement orders or DD Form 214
- (2) Birth certificate (containing both parents name) or court documents signed by a judge, determining sponsor is parent.
- (3) Marriage certificate or copy (with seal).
- (4) Letter from college registrar's office stating that the dependent is a full time student taking 12 semester hours or more and expected date of graduation (for dependents age 21 to 23).
- (5) Divorce decree.
- (6) Adoption papers.
- (7) Unmarried surviving spouse must present marriage certificate, death certificate, and birth certificate for surviving children's ID card.
- (8) To replace lost ID cards requires a picture ID, i.e. drivers license, etc., plus all above documents.
- (9) Former spouses that qualified for ID card must have members DD Form 214 (Certificate of Release or Discharge from Active Duty) for each period of service in addition to above requirements.
- (10) The signature of the military sponsor is required before issuance of family member's ID cards. The application must be notarized if sponsor is not with family members.

### Assistance Letters

If ID Card holders are medically incapacitated, a current doctor's statement on letterhead is required from the doctor stating that assistance is needed for someone to shop for them, and if the condition is temporary or permanent. The person that will be doing the shopping must accompany the ID Card holder and have some type of picture ID (driver's license, Sam's card, etc.) when coming in for a letter. Only one person is authorized a shopper's letter.

Assistant letters are issued for one year at a time or when that person is no longer medically incapacitated, whichever comes first. A current doctor's letter is needed for renewal.

# **Update DEERS Information - TRICARE**

To ensure eligibility for TRICARE benefits, beneficiaries 65 and older must have their current address on file with the Defense Enrollment Eligibility Reporting System (DEERS). Update change of addresses on the TRICARE Web site: www.tricare.osd.mil/DEERSAddress/.

Beneficiaries can also update their DEERS address by:

- λ Visiting the nearest military personnel office that has an ID card facility.
- λ Calling the Defense Manpower Data Center Support Office (DSO) telephone center at 1-800-538-9552.

# **Update DEERS Information – TRICARE (Continued)**

 $\lambda$  Mailing the address change to DSO, Attn: COA at (831) 655-8317

λ Faxing your change of address to DSO, Attn: COA at (831) 655-8317.

Sending an e-mail message to addrinfo@osd.pentagon.mil. Messages sent should be lower case only and include: the sponsor's name, social security number and telephone number, name(s) of family members affected by the address change, and the start date for the change.

If you need to update other information, contact or visit the nearest military ID card issuing facility to determine the documentation required to make the needed changes. Another option is for beneficiaries to mail or fax the appropriate documentation to the DSO (see above), and include an attention line, Attn: R&A. Requests received without the required documentation are returned unprocessed.

# Casualty Information

# Report Deaths Promptly

The death of retired Army members should be reported to the nearest Army post as quickly as possible. This includes Army reservist and Army National Guard members who are in paid status. The death should be reported to the Casualty Assistance Office at Fort Hood. Their phone number is (254) 287-7200.

# **Veterans Administration (VA) Information**

### Texas Veterans Commission

The state of Texas has provided assistance for the veterans, their dependents and survivors since 1927 when the Texas Veterans Commission predecessor was first charted.

Ms. Paula Taylor is the counselor at Fort Hood, Texas. Her office is located in the Copeland Soldier Service Center, Bldg 18010, Room A308. Her telephone number is (254) 287-3341. She is very experienced in both State and Federal entitlements. She can assist in filing original disability claims as well as reevaluations and amended claims.

The Texas Veterans Commission (TVC) can assist in obtaining dependency documents (birth, death, marriage, divorce) If they are recorded anywhere in Texas they should be able to get one certified copy, for use in veterans claims, free of charge.

The TVC will also assist the surviving spouse on any Veteran Benefits upon the retirees' death. The Fort Hood casualty office will direct the retiree's surviving spouse to the TVC office nearest to them or directly to the Fort Hood TVC office. Casualty cases are handled by appointments once the survivor has the death certificate. Marriage Certificates, Divorcee Decrees and dependent children's birth certificates should also be brought in. The state of Texas, Texas Veterans Commission has a website at <a href="https://www.tvc.tx.us">www.tvc.tx.us</a> and a toll free hotline number at 1-800-252-8387.

# Veterans Group Life Insurance Account On Line

VA announced on 25 JUN 04 that veterans will be able to access their Veterans' Group Life Insurance (VGLI) accounts 7/24 from any computer or telephone. Using a secure Web site, the VGLI Online Account Access system allows veterans to obtain basic account information through the VA insurance Web site at <a href="https://www.insurance.va.gov">www.insurance.va.gov</a>. Veterans can view their current amount of coverage, premium rate, billing method as well as change their billing address. Veterans can also access their information by calling 1-800-419-1473 for recorded account information, request certain account changes, as well as order certain forms via mail or fax.

# DIC May Be Restored For Qualified Surviving Spouses

A surviving spouse who remarries on or after attaining age 57, and on or after December 16, 2003, can continue to receive DIC. However, a surviving spouse who remarried before December 16, 2003, and on or after attaining age 57, must apply no later than December 15, 2004, to have DIC restored. VA must deny applications received after that date. For More Information, Call Toll-Free 1-800-827-1000 or Visit VA's Web Site at <a href="https://www.va.gov.">www.va.gov.</a>

# **POV Registration**

Good News! All of your vehicle registration needs (decals and temporary passes) will be handled at the Main Gate of Fort Hood effective the beginning of October. It will be open 24/7 for your convenience! Retirees may obtain DOD decals by registering their POV's with the proper documents (listed below). For those not wanting DOD decals there will be special event passes issued for the two day event.

For more information, please contact Vehicle Registration at 254-287-9909.

Vehicle Registration Requirements for DOD Decals and Temporary pass

- 1. Current Drivers License
- 2. Military (Retired) ID Card
- 3. Proof of current insurance
- 4. Current Vehicle Registration

If vehicle registration is not in your name or spouse, you will need a notarized letter with the following information: Vehicle Information: Make, Model, Year, Vehicle Identification Number, License Plate Number, Color of Vehicle and Time Period (i.e. indefinite, 3years, 30 days).

# Army Emergency Relief (AER)

AER is located in Building 121 (Rivers Bldg) on corner of Hood and 761<sup>st</sup> Tank Battalion Avenue. The ACS AER Program plays a unique and important role in helping the Army "Take Care of its Own." The AER office provides financial assistance to soldiers, both active and retired and their family members during periods of valid emergencies. You may contribute to this worthy cause at anytime. **Checks should be mailed to: Commander.** 

III Corps and Fort Hood, ATTN: AER, Fort Hood, TX 76544. Make checks payable to the AER.

# **Volunteer Opportunities**

Retirees and family members, the Fort Hood Community Volunteer Program needs you! We would love to match you (and your wealth of experience, wisdom and life skills) with the volunteer position that best serves the needs of the community and you. Stop by the Lane Volunteer Center, Bldg. 16005, located at the corner of Fort Hood Road and Old Ironsides Avenues, or call Doris Arnett at 287-VOLS or Mari Gonzales at 286-5913.

# Army Family Action Plan (AFAP)

Your voice will be heard on your concerns about quality of life issues if you participate in the 6 – 7 October 2004 AFAP Conference held at the Comanche Chapel on Fort Hood. Call 287-AFAP OR 287-VOLS for more information.

# Army Career And Alumni Program (ACAP)

Are you currently retired and looking for a job? If you are within 60 days of retirement or currently retired, the Fort Hood ACAP Center announces extended eligibility timeframes for use of ACAP XXI services! Army retirees and their family members may now use the system on a space available basis for the rest of their lives.

Visit us in the Copeland Soldiers Service Center, BLDG 18010, or call the ACAP Center for more information: 254-288-ACAP (2227) or 254-288-JOBS (5627).

# Troops to Teachers

# Military Retirees - Troops to Teachers Still Wants You!

If you have always wanted to become a teacher and you are retired military with a bachelor's degree, Troops to Teachers (TTT) has the ways and means to help you achieve your dream. Currently, eligibility categories include **all retired military**, from all services, National Guard and Reserves, no matter when they retired!

Retirees with at least a bachelor's degree may register with Troops to Teachers. TTT has two types of financial benefits for which a potential teacher might apply- either a stipend or a bonus. The stipend is provided to pay for the costs of becoming a teacher. Once a retiree has been accepted into a teacher certification program, TTT may provide up to \$5000 to pay for the costs of the program and process of becoming certified. This incurs a three-year commitment to teach in a district where at least 20% of the students are eligible for free or reduced lunches. The other financial benefit is a bonus, which is paid as an incentive to teach in high-needs schools. If a TTT participant gets hired to teach at a school campus where 50% or more of the students are on free or reduced lunches, the teacher will qualify for a \$10000 bonus instead of the stipend. The bonus is paid out in three payments over a three year period.

For additional information or a Troops to Teachers registration packet, please call the Texas Troops To Teachers Office in Austin at 1-800-810-5484. Meryl Kettler, the TTT coordinator, or her assistant, Dale Reynolds, will be happy to answer questions about becoming a teacher in Texas and funding from TTT.

### **Travis Fund**

"Tomorrow's college for the children of today's heroes"

The Travis Fund was created by a group of Texas leaders to honor those who have given their lives for our freedom by making sure their children can afford college when the time comes. The Fund is designed to provide financial support for the post-high school education of all children whose parent or legal guardian listed Texas as their home of record as of the time of their death while serving in the US military in Afghanistan or Iraq. The Fund will help cover housing costs, fees, and other support for these children if they pursue their higher education. The Travis Fund will continue to raise funds for this purpose until such time as the U.S. has officially withdrawn troops from those countries. It will be administered by the Austin Community Foundation, which is responsible for all decisions related to these resources.

More information can be found on the following website: www.travisfund.org.

# Directorate of Morale, Welfare, and Recreation (DMWR)

Retirees can enjoy many activities right in their own backyard at Fort Hood. DMWR offers an abundance of fun, recreational programs for retired as well as active duty soldiers and their families.

Retirees can hunt on the spacious grounds of Fort Hood. This is the largest hunting area in Texas. Hunter's must pass the Hunter Education Course. For more information, call 532-4552.

There are plenty of things at Belton Lake Outdoor Recreation area for retirees to enjoy. Take a guided fishing tour or bring the grandkids to the youth fishing derby. Delight in a moonlight cruise around the lake or just sit back and enjoy the sunshine. For the more adventurous retiree, rent a cabin or park your RV at BLORA for a week and take pleasure in relaxing by the lake. For more information, call 287-2523.

The Officers Club offers retirees many options for dining and fun. Open to the public, all military ranks welcome. Call 532-5073 for information and reservations.

# Directorate of Morale, Welfare, and Recreation (DMWR) (continued)

Enjoy a dinner of Beef and Burgundy every Tuesday night from 5:30 p.m. to 9 p.m. in the Mesquite Dining Room. This classic meal is open to the public and all military ranks. Great service, delicious dining and comfortable atmosphere are all part of this Officers Club tradition.

Weekly Sunday Brunch can be enjoyed every Sunday from 10 a.m. to 2 p.m. A variety of dishes tempt the taste buds and satisfy the palate. Choose from fresh fruit, salad, traditional breakfast items, a waffle bar, an omelet station, carved beef and more. Look for special brunches on Easter, Mother's Day, Father's Day and Christmastime.

The Courses of Clear Creek is your very own country club is located off of Clear Creek Road. Visit the Courses of Clear Creek for golfing at its best. Call 287-4130 for tee times and information. Open to the public. Lunch specials are available at the Clubhouse Grill Monday through Friday.

Take a gamble and play BINGO at the Community Events Center. Enjoy the camaraderie of other retirees and current soldiers. Play bingo six days a week. This facility is non-smoking and offers large progressive jackpots. For more information, call 532-9253.

A favorite Central Texas holiday tradition returns to Belton Lake Outdoor Recreation Area (BLORA). The eighth season of "**Nature in Lights**" runs from November 2004 through early January 2005. Event hours are 5:30-11pm nightly. On Friday, Saturday, Sunday, and Federal holidays, Santa's Village is open for guests up to December 24. The man of the hour, Santa Claus, will also be on hand listening to children's wish lists and taking photographs. This holiday event is one you do not want to miss! Park entry fee for the 2004-2005 seasons will be announced.

**Directions:** From Fort Hood information Center: Follow Hood Road, turn right onto Old Ironsides Avenue, turn left onto Martin Drive at the Airfield; turn right onto North Nolan Road, follow signs to BLORA. From Belton: Follow Hwy 190 West exit Loop 121(west); turn left on Sparta Road, cross cattle guard onto installation, BLORA entrance will be on the right.

From Austin: Follow I-35 north, exit Loop 121(west); turn left on Sparta Road, cross cattle guard onto

installation, BLORA entrance will be on the right.

Information Contact: BLORA reservation Office, 254-287-2523

Come out and enjoy Retiree Appreciation Days and take advantage of great specials around Fort Hood. There are so many ways to play everyday with Fort Hood MWR!

# **Darnall Army Community Hospital Notes**

Retiree Appreciation Days

The health fair normally scheduled during the Fall Retiree Appreciation Days will be at Darnall Army Community Hospital this year. The Health Fair is 30 October, from 11:00 AM to 3:00 PM. For security reasons, everyone must enter the hospital at the main entrance. Darnall has not received word of any delay in the arrival of the flu vaccine and expects it to be available at the fair.

Darnall Army Community Hospital Website

Darnall's web site is www.hood-meddac.army.mil.

Email News Service Available From DACH

An email news service is available for beneficiaries interested in receiving news about Darnall through email. To register, visit <a href="https://www.hood-meddac.army.mil">www.hood-meddac.army.mil</a> and click on Email News Update icon.

# **Darnall Army Community Hospital Notes (Continued)**

# Pharmacy At The Clear Creek Post Exchange

The pharmacy at the Clear Creek Post Exchange is for patients that have refill prescriptions. Patients can drop of the prescription, do PX and Commissary shopping, then pick up the prescription. Wait times vary, depending on the day of the week and whether it is a payday weekend. Their hours are 9:00AM - 6:00PM Monday - Friday. For more information call 288-8801. Questions or comments, call 288-8800/8159.

# Main Outpatient Pharmacy

The Main Outpatient Pharmacy is located in the basement of the hospital. New prescriptions, including those written by civilian providers (for medications that are stocked) are dispensed from this pharmacy. Priority service is given to active duty patients (in uniform) and those patients being discharged from the hospital wards or emergency room.

# Main Outpatient Pharmacy Hours:

Monday, Tuesday, Wednesday, Friday

8 a.m. - 7 p.m.

Thursday

9 a.m. - 7 p.m.

Saturdays, Holidays, and Training Holidays 8:30 a.m. 12:30 p.m. and 1:00 - 5:00 p.m.

Sunday

Closed

# TRICARE Mail Order Pharmacies

If you take prescription medications for long-term, ongoing conditions, the TRICARE Mail Order Pharmacy (TMOP) and Express Scripts can help you save both time and money. With TMOP, you can order up to a 90day supply of your medication for the same co-payment as a 30-day supply at a retail pharmacy. That's a 66% savings for you. TMOP also includes convenient online services. You can order refills online, print forms to fill new prescriptions, check your order's status, and much more. To use these services, register to use the www.Express-Scripts.com website.

# TRICARE Network Pharmacies

These are pharmacies that have contracted with TRICARE to serve military beneficiaries. For a list, contact the TRICARE Service Center, 1-800-406-2832 or visit. You can receive up to a 30-day supply at one time. You pay \$3 for a 30-day supply of generic drugs or \$9 for brand name drugs.

### Non-Network Pharmacies

Eligible beneficiaries can be reimbursed 80% of the full retail price after meeting the TRICARE annual deductible (\$150 per person/\$300 per family). You must pay full retail price than file a CHAMPUS Claim.

# Allergy Clinic

Darnall Army Community Hospital's Allergy Clinic is located at the Thomas Moore Health Clinic, building 2245 at the corner or 58th Street and 761 Tank Battalion Ave. (next to Robertson Blood Center and behind the Military Police Station). The Allergy Clinic hours are 7:30 a.m. - 4 p.m. Immunization and allergy shot schedules remain the same. For more information, call the clinic at 285-6335 or 285-6336.

### Referral Center

The referral center is in the Managed Care Division, BLDG 36019, across the parking lot from Darnall Hospital's main entrance. The DACH Referral Center is available to help patients coordinate care in San Antonio medical centers or any other care they must receive outside of DACH.

# **Darnall Army Community Hospital Notes (Continued)**

Lung Power

Chronic obstructive pulmonary disease is the fourth leading cause of death in Americans. To help prevent and treat this disease, the Population Health Center at Darnall Army Community Hospital has developed a program called Lung Power. The main goals of the program are to prevent COPD as well as improve diagnosis and treatment of patients.

For more information on the Lung Power program, or information on quitting smoking, please call 288-8488.

Health Consumer Meeting

The monthly Health Consumer Committee Meeting is held in the Darnall Army Community Hospital's auditorium, room 0710 in the basement. The meeting is open to anyone interested in healthcare and provides a forum for community members to receive information about their health care system and offer suggestions to the hospital's senior leadership. The meeting is held the fourth Wednesday of every month in the hospital auditorium from 1:00PM – 2:00PM.

Dental Care

The TRICARE Retiree Dental program is a new dental program available to retirees of all ages, both under and over 65 and their spouses. The program is low-cost, and covers diagnostic and preventive procedures. For more information about the TRDP or to obtain an enrollment package, visit the web site at <a href="https://www.trdp.org">www.trdp.org</a> or call toll-free at 1 (888) 838-8737. Credit cards are accepted.

### Sources Of Information

Army Echoes is now available online! Your online source of information on military retirement benefits home page address has changed from <a href="http://www.odcsper.army.mil/retire">http://www.odcsper.army.mil/retire</a> to <a href="http:armyg1.army.mil/retire">http:armyg1.army.mil/retire</a>. The site is full of information for soldiers and families – both those preparing to retire and those who have already retired – but it's packaged in more compact pull-down menus, making it easier to scan to the section you want such as Pre-retirement Information, CSB/REDUX/DIEMS and Retiree Information (including Combat-Related Special Compensation) and your past and present edition of the Army Echoes!

Websites That May Interest You

Medicare Benefits - Medicare Part B: www.medicare.gov.

Senior Pharmacy benefit - 1-877-DoD-MEDS or www.tricare.osd.mil

TRICARE For Life - www.tricare.osd.mil/ndaa/.

TRICARE For Life Fact Sheet: http://www.tricare.osd.mil/factsheets/viewfactsheet.cfm?id=294

Kilauea, HI Recreation Center: http://www.kmc-volcano.com

Locator Service (Center for Military History) Alumni

Page to locate fellow service members: http://www.army.mil/cmh-pg

Military Facilities: http://www.militaryliving.com

Defense Outplacement Referral System (DORS): http://dod.jobsearch.org

Elected members of congress/committees: http://clerkweb.house.gov/mbrcmtee/mbrcmtee.htm

Estimate Reserve Retired Pay: http://www.army.mil/usar/ar-perscom/downloads.htm

Federal Employee Health Benefit Plan: http://www.tricare.osd.mil/fehbp

III Corps & Fort Hood Retirement Services: http://armyg1.army.mil

Update Address - DEERS: www.TRICARE.osd.mil/DEERSAddress

Social Security Administration: www.ssa.gov

EVetRecs (Request DD214, Medical Records (Non VA), Documents:

http://www.archives.gov/research\_room/vetrecs/

Request Cold War Certificate: https://www.perscomonline.army.mil/tagd/coldwar/default.htm#application

My Pay website (DFAS Retirement Pay): https://mypay.dfas.mil/mypay.aspx

Space A Travel Information: http://spacea.info/

MWR Travel Website: http://www.armymwr.com/portal/travel

Arlington Cemetery Website: http://www.arlingtoncemetery.net/contents.htm

AKO - Army Knowledge Online: https://www.us.army.mil/portal/portal\_home.jhtml

# **Sources Of Information (continued)**

### Useful Phone Numbers

TRICARE Service Center Army Retired Pay Operations Army Retired Activities-HQDA Fort Hood Legal Service (SJA) Army Retiree Mobilization Medicare CHAMPUS/TRICARE Social Security Administration Veterans Administration	1-800-406-2832 1-800-321-1080 1-800-336-4909 254-287-7901 1-800-325-2660 1-800-633-4227 1-800-406-2832 1-800-772-1213 1-800-827-1000	Texas Work Force Commission VA Hospital (Temple) Reserve Retirement Ft Hood Retirement Svcs Patient Appointment, DACH Pharmacy, DACH Senior Pharmacy Benefit Health Care Information Line TRICARE Dental Insurance	1-800-939-6631 1-800-423-2111 1-800-318-5298 1-800-403-6640 1-800-305-6421 1-800-351-3636 1-877-363-6337 1-800-611-2875 1-888-838-8737
Veterans Administration	1-800-827-1000	TRICARE Dental Insurance	1-888-838-8737
Social Security Administration (Medicare Part B)	1-800-772-1213	Fort Hood ID Card Office	254-287-2518

# Fort Hood Retiree Council

The Fort Hood Retiree Council was established in January 1974 and convenes quarterly for the purpose of assisting Department of the Army and III Corps in identifying and resolving the problems and needs of retirees; recommending action to the commander which provides installation services, and providing recommendations to the Commander on policies and activities affecting retirees.

Listed below are the current Fort Hood Retiree Chairman, Vice Chairman and Council Members. Should you like to contact anyone on the council, or become a member of the council, please contact Mrs. Beth Waller, Retirement Services Officer at (254) 287-5210 or 1-800-403-6640.

Fort Hood Retiree Council Members

H.G. Pete Taylor, LTG US Army Retired, Chairman Richard B. Cayton, CSM (RET), Vice Chairman

COL (RET) Ralph G. Gauer
COL (RET) Frank D. Somera
COL (RET) Joslyn V. Portmann
COL (RET) Chester H. Davis
LTC (RET) Ronald L. Woodward
CW3 (RET) George A. Hanger
CSM (RET) George F. Minosky
SCPO (RET) Stephen R. Lubasky, USN

1SG (RET) Eugene Miller 1SG (RET) Thomas R. Fisher 1SG (RET) Larry W. Stotts MSG (RET) Dorothy R. Hayner MSG (RET) John W. Wood, SR., USAF SFC (RET) Adrienne M. Evans-Quickley MRS, Shirley J. Greathouse, Widow

Fort Hood Retiree Council Associate Members

MG (RET) Stewart C. Meyer COL (RET) John W. Oliver Jr., USAF

# STILL SERVING U.S. ARMY RETIRED

# RETIRED MILITARY GOLF TOURNAMENT

# **DEADLINE FOR ENTRY IS 29 OCTOBER 2004**

**SEND ENTRY TO:** 

Business Operations Division The Course of Clear Creek P.O. Box K

Fort Hood, Texas 76544

(NAME)			
(ADDRESS)			(PHONE)
MAKE CHECKS PAY	ABLE TO: The Cours	ses of Clear Creek.	
I have my own cart:	YES or NO		
Handicap	My age is		
The entry fee will be	\$28.00 this cost includ	es green fees, cart, and	i \$5.00 toward purchase of prizes.
See page 3 of this ne			call (254) 287-4130/6921.
2	i viona.		
	Annual Retiree Ro	und-Up Dinner Reser	vations
Reservations can be returning with this fo	made by sending eithe orm <u>NLT</u> 18 October 200	er a money order or che 04. Send to:	eck for the correct amount and
P.O. Box 548	Chamber of Commerce		
Killeen, Texas 7 254-526-9551	6540-0548		
Please make our/my make nametags for t		name (Please list those	e attending the dinner so we can
Contact phone numb	per if there is a question	n about my reservation	: ()(PHONE)
#Will atter	nd \$15.00 per person	Total amount encl	losed \$
RESERVATIONS CA	NNOT BE MADE AT TH	E DOOR DUE TO NEED	FOR AN ACCURATE HEAD COUN
NAME AND RANK:			

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# Retiree Appreciation Day Registration Form

If you plan to attend the Fort Hood Retiree Appreciation Day, complete this form and mail to:

COMMANDER
III CORPS and FORT HOOD
ATTN: RETIREMENT SERVICES OFFICER
FORT HOOD, TEXAS 76544-5000

(Please Print) (Name)		
(RANK)		
Number of family members wh	o will attend with you:	
information to personnel of the	Act, my signature authorizes you to release the above agencies I have checked below in order that they may e on my visit to the Fort Hood Retiree Appreciation Day.	
(Signature) NUMBER OF YEARS SERVICE	WHEN RETIRED	
DATE RETIRED: MONTH:	YEAR:	
COUNTY FAIR SERVICES - I re subjects listed below (please c	quest counseling or assistance in one or more of the heck appropriate boxes):	
1 Medical & Dental Info (CHAMPUS, TRICARE, Dental, Pharmacy, App.	4SJA Section 7Texas EmploymentLegal Assistance CommissionAppt for Wills	
2 Retirement Services Installation Officer (Retiree Pay, Volunteer Council, Sub council)	5 Veterans Affairs Disability Claims Education & Insurance Program	
3 Social Security	6 Adjutant General Services	

DEPARTMENT OF THE ARMY COMMANDER III CORPS AND FORT HOOD ATTN: AFZF-GC-AG-RS FORT HOOD, TEXAS 76544-5056

**OFFICIAL BUSINESS** 

# THE ARMY RETIREMENT SERVICES EMBLEM:

**LEGEND:** The time-honored seal of the Department of the Army represents the Army and its traditions. The annulet, symbol of completeness, stands for the completion of military service. The color of the annulet is olive drab in reference to the basic color of the Army field uniform and equipment. Stars are a national and military symbol. They are used on the coat of arms and the seal of the United States, as an identification of the United States on military equipment and on flags of Army officials as well as an insignia of rank for general officers.

